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Essential oils can be so healing and beneficial in your life. Here is a collection of the top 50 essential oil recipes that I am sure you will enjoy!

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Mix the essential oils in  
a bowl and set aside  
for later; In a double  
boiler, melt the  
beeswax. Add the  
carrier oils including  
the coconut until

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melted; Remove from heat and add the essential oil mixture; Place in a reserved container and let cool and harden; Enjoy! DIY Essential Oil Solid Perfume Recipe

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get it) Rosemary  
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(where to get it)  
Lavender (where to get  
it) Bergamot (where to  
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**Top 5 Best Essential**

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Instructions. In a bowl or your jar, add in  $\frac{1}{2}$  cup of unscented lotion with the essential oils. Next, mix them together thoroughly with a spoon or wooden popsicle stick (great for getting into the grooves of your jar!). Use by adding a pea size amount to your finger and gently dabbing onto your problem areas.

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Combine the above number of essential oil drops into a small dish or bowl and mix together until well blended. Pour the blended oils into the diffuser or on the diffuser pad to activate the mixture into the air. This blend can also be diluted with coconut oil or almond oil and

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even water to be used  
in conjunction with a  
rollerball.

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down on a hot spring  
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crawlies while you're  
letting in a breeze,

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diffuse this blend. 4  
drops Spearmint + 4  
drops Peppermint + 4  
drops Citronella, + 1  
drop Lemongrass

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this awesome diffuser blend for a great summertime aroma. 3 drops of Grapefruit essential oil. 3 drops of Lemon essential oil. 2 drops of Bergamot essential oil. 1 drop of Spearmint essential oil.

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Take 10-15 drops of essential oils to a 10ml roller bottle. Top off



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with a carrier oil. Add  
the roller ball top.  
Shake the bottle to mix  
the carrier oil and  
essential oils.

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